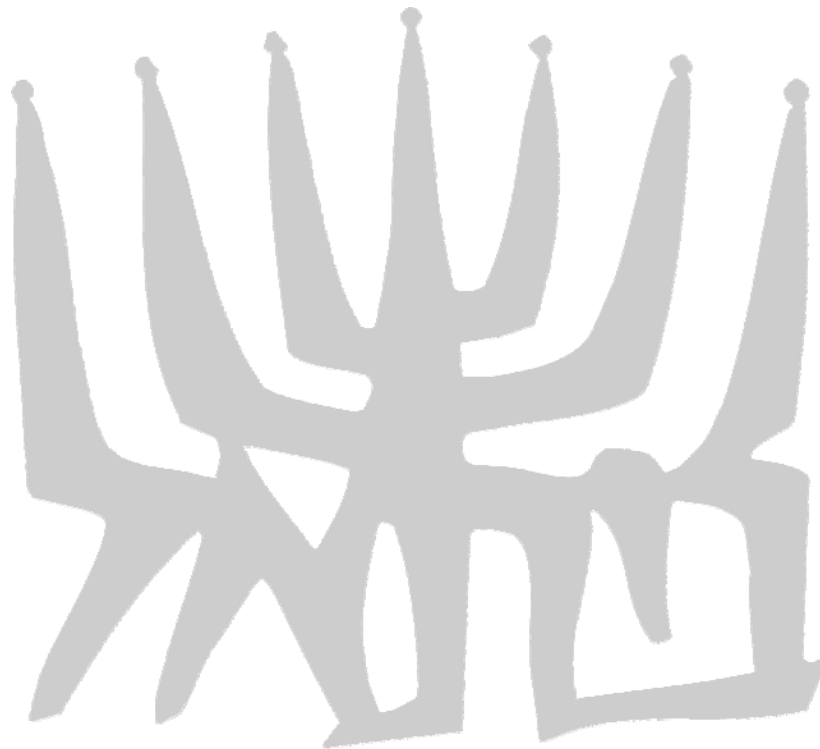


5769/March 2009

Beth El Bulletin



Rich Daniels,
President

Nina Mandel,
Rabbi

<http://www.beth-el-sunbury.org>

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570 275-7612

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treasurer@beth-el-sunbury.org
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Sunbury, PA 17801
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Nina H. Mandel
rabbi@beth-el-sunbury.org
570-286-8389

Rabbi Emeritus

David L. Silverman
fandsilverman@msn.com
561-498-3546

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Sisterhood/Men's Club Contacts

Karen & Fred Teichman
56 Beth Ellen Drive
Lewisburg, Pennsylvania 17837
570-523-7810
Fred: ftobgyn@yahoo.com
Karen: pdgkaren@dejazzed.com

T z e d a k a h

Thank you for your donations to Congregation Beth El

In Honor of
Dave Jacobson's Birthday
Leonard and Jane Jacobson

Torah Restoration
Matthew and Nicole Hoffman

Torah Restoration
Patricia and Robert Weis

Torah Restoration
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Torah Restoration
William and Janet Byron

Torah Restoration
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R e f l e c t i o n s f r o m t h e R a b b i

I want to thank everyone who has responded to my requests for Yahrzeit information in person, during the congregational meeting, and by e-mail. This month we are publishing all the names that appear on our congregational Yahrzeit list for which we still need the following information

1. the member to whom this person related
2. the date of death so that we can list the person on the monthly Yahrzeit list.

Once this information is received, we will remove unmatched names from the list. The primary reason we are doing this is to ensure that current members who have a relative on the Yahrzeit list will have those names included in the appropriate prayers and services. Names of former members are most likely being read in their new synagogues and will be removed.

As a reminder: names which appear on memorial plaques, or the names of people buried in our synagogue's cemetery, will not be removed from the list. They will be included in perpetuity.

If you would like to add information about the names on this list, or have questions about other names, please call me at 570-286-1490, mail the changes to the synagogue (249 Arch Street, Sunbury), or e-mail me at rabbinhm@ptd.net.

Jack Adeff	Rose Adeff	Herman Abramson	Sarah Abramson
Bessie Amber	Harold L. Amber	Morris Amber	Benjamin Aronowitz
Bertha Aronowitz	Phylis Aronowitz	Fanny Beck	Jonas Beck
Dora Bernstein	Edana Bernstein	Morris Bernstein	Herman Bleich
Betty Bleich	Herman H. Bly	Margaret E. Bly	Jack Bornstein
Pearl Bornstein	Edith Calder	Elias Calder	Harry Calder
Lorene Calder	Louis Calder	Murray Calder	Tillie Calder
Irene Cleff	Alfred Cohen	Ida Cohen	Lawrence Cohen
Morris Cohen	Marian Cohen	Nathan Cohn	Sanford Cohn
Saul Eiseman	Mikos Farkas	Philip Fehr	William Fischer
Estelle Friedman	Henry Friedman	Fred Goldstein	Jerome Goodman
Sarah Goodman	Morton Greenwald	Anne G. Hyman	Benjamin Hyman
Hyman Hyman	Jack Hyman	Pearl Hyman	Sadie Hyman
Sydelle Hyman	Lillian Jacobson	Melvyn Jacobson	Lewis Kahn
Lillian Kahn	Celia Kaplan	Edward Kaplan	Julius Kaplan
Mamie Linder Kaplan	Selma Karpman	Anna Katz	Max Katz
Richard Samuel Klein	Robert Sam Klein	Iverson Korsen	Michael Krust
Joanne Lester	Hyman Levens	Ester Levine	Jack Levine
Lillian Levine	Maurice Levine	Max Levine	Freidel Levy
Gabor Levy	Thomas Liachowitz	Abraham Mangel	Eva Mangel
Hattie Miller	Nathan Miller	Vernon Miller	Lena Millner
Isaac Papernik	Harry Poretsky	Esther Rosen	Isaac Rosen
Nina Rosenstine	Sidney Rosenthal	Daniel Rubin	Eleanor Sagle
Simon Sagle	Bob Sameroff	Ester Sandler	Sadie Sapiro
Abraham Schneider	Abe Schultz	Anna Schultz	Sally Schubert
Beulah Senker	Sol Senker	Lee Robert Silverman	Lorraine Silverman
Louis Silverman	Morley Silverman	Louis Siskind	Ben H. Sklar
Connie Stoler	Jack Sylvan	Harriet Waldman	Jacob Weinberg
Jacob Weisberg	Pauline Weisberg	Ida Wolitsky	Max Wolitsky
Diane Zareff			

Men's Club and Sisterhood

The **Men's Club** held a breakfast and program on Sunday, February 15th. Jonathan Vick, an internet analyst with the Anti Defamation League, presented a program on growing anti-Semitism and hate group activity on the Internet. His department monitors hate group internet activity and reports problems to site providers such as Google and Yahoo. Even as Jonathan prepared for Sunday's presentation, he found a new group that had sprung up in Williamsport. He assured us that the site will be investigated. It was interesting to learn that the First Amendment allows material to be published online in the US that is banned in other countries. The 40 in attendance were taken aback at the graphic and disturbing material online. A lively question and answer period followed. Jonathan encouraged us to refer to the ADL website for information on other topics of interest: www.adl.org. He encouraged adults to be aware of what children view on the internet as many sites are, on the surface, quite friendly and inviting. We thank Jonathan Vick for coming to our Men's Club meeting and raising our awareness about these serious concerns. We also thank Roger Hoffman for arranging this educational program.

Fred Teichman
Men's Club President

Beth El's **Sisterhood** met on Sunday, February 8 and had a great planning session. We will be helping the Spring Dance Committee on the 100th anniversary dance to be held at the Lewisburg Hotel on Saturday, May 16. The amazing 16-piece, Glenn Miller-style band "After Hours" will provide the entertainment. Sisterhood will help gather Silent Auction items. Renee Sosland will provide further guidance and instruction to us as her dance committee puts this exciting event together... so stay tuned.

Sunday, March 1 Sisterhood will team up with the Men's Club to hold a Spaghetti Dinner for all members of Beth El. Sisterhood members will be called for donations of salads and desserts. The men are doing the cooking!

Sunday, March 22 Karen Teichman will report on the National Immunization trip she took to Utter Pradash, India. Rabbi Nina and members of our Congregation sent along toys for the children - see where they went! The Teen Group and Men's Club are especially invited to join us. Time to be announced.

Sunday, April 19 Tea & Jewelry. A fundraising event will be held featuring Premiere Design Jewelry and teas and cookies of the world. Details to follow!

Contact me to learn about joining Sisterhood!

Karen Teichman
Sisterhood President

Congregation Beth-El

100th Annual Spring Dance

Deadline for Ad (camera-ready) copy is **April 24, 2008**

Quality of ad copy:

- 1) Use highest resolution possible for ad copy; only black and white or grey scale on white paper.
- 2) Do NOT fold ad copy; use mailing envelope. If necessary, use margins for staples or paper clips.
- 3) Use envelope for business card ads; make sure card is clean.

Confirm EXACT text desired, including spelling and punctuation.

For revised ads from last year:

- 1) Include copy of ad showing where revision is to go and the new text, or
- 2) Include detailed description of desired revision.

For text-only ads, clearly print desired text and any special instructions on a separate page

Costs

Please check **one** per ad

\$500.00 _____ Cover

\$180.00 _____ Full Page

\$100.00 _____ Half Page

\$50.00 _____ Quarter Page

\$30.00 _____ Listing

_____ Contribution

Advertiser's Information

Name of Business

Contact Person

Address

Phone

Ad Solicited By

PAYMENT is due when ad is placed. Checks made payable to "Congregation Beth-El" can be given to the person soliciting the ad or mailed to:

Spring Dance, c/o Randy Maslow-Grindlinger
322 Lamplight Lane, Lewisburg, PA 17837

Please contact Randy Maslow-Grindlinger—Dwellings@dejazzd.com or (570)524-7595

Your help is needed to make this project a success. Thank you in advance.

March 2009 / 5769

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 5 Adar	2 6 Adar	3 7 Adar	4 8 Adar	5 9 Adar	6 10 Adar Candles 17:46	7 11 Adar Shabbat ends 19:17
8 12 Adar	9 13 Adar	10 14 Adar Purim	11 15 Adar	12 16 Adar	13 17 Adar Candles 17:53	14 18 Adar Shabbat ends 20:25
15 19 Adar	16 20 Adar	17 21 Adar	18 22 Adar	19 23 Adar	20 24 Adar Candles 18:01	21 25 Adar Shabbat ends 20:32
22 26 Adar	23 27 Adar	24 28 Adar	25 29 Adar	26 1 Nisan Rosh Chodesh	27 2 Nisan Candles 18:09	28 3 Nisan Shabbat ends 20:40
29 4 Nisan	30 5 Nisan	31 6 Nisan				

March Events

3/1	Hebrew School	9:30am
3/4	Talmud Torah <i>Ethical Issues: End of Life Decision-making</i>	7pm
3/6	Shabbat Service	8pm
3/7	Shabbat Service	10am
3/8	Hebrew School/Purim Carnival	9:30am
3/9	Purim Megillah Reading	7pm
3/11	Talmud Torah <i>Ethical Issues: Abortion</i>	7pm
3/13	Shabbat Service	8pm
3/14	Shabbat Yeledim	10am
3/15	Hebrew School	9:30am
3/18	No Talmud Torah	
3/20	Shabbat Service w/pot luck	6:30pm
3/21	Jewish Meditation and Me	4:30pm
3/22	Hebrew School Board Meeting	9:30am 1:30pm
3/25	Practicing Jewish Meditation (location: see pag 12) Talmud Torah <i>Ethical Issues: Stem Cell Research</i>	10am 7pm
3/27	Shabbat Service	8pm
3/29	Hebrew School	9:30am

P r e s i d e n t i a l A d d r e s s

I wish to share with the congregation this month my excitement and appreciation at the re-energizing of the Men's Club of Congregation Beth El. After a long period of dormancy, this group of dedicated members has come back to new life under the leadership of our own Fred Teichman.

In mid February, in conjunction with an Adult Education program arranged by Roger Hoffman, the Men's Club hosted a "Bagel Brunch" that was rewarded by a hearty turnout numbering forty people. We heard and viewed an eye opening presentation by Jonathan Vick of the Anti-Defamation League on Internet Hate Groups. There was discussion on international and domestic hate groups, including sites from as close as Williamsport and Pillow, Pennsylvania. Mr. Vick discussed several suggestions regarding what we can do as individuals to combat hate. His suggestions included speaking out when encountering offenses, by, for example, advocating inclusion of Holocaust texts in local libraries and school curricula. Rather than directly engaging offensive web sites and the groups that spew hatred, he suggested a media campaign by contacting the companies that host or advertise on these web sites to voice our disagreement with their content. Perhaps, most importantly, parents must stay vigilant with their kids, as they can inadvertently be unknowingly drawn in to offensive web sites.

To say the least, this was a very valuable program. My personal thank you goes out to Mr. Vick of the ADL, to Roger, and to Fred and his Men's Club committee for a job well done.

On a lighter note, the reinvigorated Men's Club is also planning an evening of social, family, and gustatory delight in early March when a Family Spaghetti Dinner is being mapped out. This is a revival of an event that had been a staple at Beth El. I am told it was lots of fun for those who prepared the meal as well as for those who partook of the meal in days gone by. I can only imagine there will be enjoyment and camaraderie to be had for all ages. I sincerely hope that the families of Congregation Beth El will support this upcoming event.

Before closing, I again ask that each and every member plan to participate in our 100th Spring Dance. By you attending the dinner dance, by selling ads, by inviting your friends, and by donating or soliciting Silent Auction items, we will all be enriched through your support of this milestone event in our congregational life. I look forward to seeing you all on May 16th.

Rich Daniels, President

A Note from the Editor

Thanks for your cooperation and support of the move toward electronic distribution of the Beth El Bulletin. So far, response has been overwhelmingly positive. We will continue to print copies of the bulletin and make them available at the synagogue as well as to those members who either do not have email or prefer a hard copy. If you know of members who may fall into these categories, please don't hesitate to pass long their name to me (mdrexler@bucknell.edu).

COME ONE, COME ALL TO THE PURIM CARNIVAL!

Sunday, March 8, 9:30 am to 12:00 pm

Service, parade and play start at **9:30 am**
Games and lunch **10:30 am – 12:00 pm**

*Games! Purim play! Face Painting! Prizes!
Costume Parade! Hamantashen baking!*

Pot-Luck Lunch Bring a dairy dish to share

Game tickets - 5 for \$1.00

WIN A
CHANCE TO
THROW A
PIE AT
RABBI NINA



Planning for the **100th**
Annual Congregation Beth El
Spring Dance is underway.

Save the date: May 16, Lewisburg Hotel

Watch for details in this space and support your congregation by planning to attend this year's landmark gala occasion!



Adult Education

Jewish Meditation and Me, Date: Saturday, March 21 from 4:30 p.m. until Havdalah

As the season begins to open to new growth and new possibilities, discover ancient techniques for opening yourself with a Shabbat workshop on Jewish meditation. We will briefly discuss the history of Jewish meditation and how it fits with other Jewish practice. Then you learn how to meditate and have a chance to practice, and culminate in a meditative service of Havdalah. We will have a wine and cheese following the program. The workshop will be suitable for beginning and experienced meditators.

Yonah Klem, Ed. D., was ordained as a Morah L'Hitbodedut (Teacher of Jewish Meditation) at the Chochmat HaLev Jewish Meditation Center in Berkeley California in 2002. She has been teaching meditation for almost 30 years, and specifically Jewish meditation since 1998. Yonah recently retired from a mental health counseling practice in Illinois.

Practicing Jewish Meditation, Date: Sunday, March 22 from 10-11am

Location: Anna Beth Payne and John Kador's home (call 524-1207 so we know who is coming and to give directions.)

Start your day with a sense of calm and peace. We will meet away from the busyness of the synagogue on Sunday morning to have a meditation session. You do not need to attend on Saturday in order to benefit from the session on Sunday.

For additional information contact Anna Beth Payne, who will be delighted to tell you how wonderful Yonah is as a teacher and guide.

Thoughts of Strength

Our voices and minds are joined as a community to ask for the strength to see our friends and family through times of sickness and strife. May our thoughts help bring healing to those in need:

Deborah Abowitz
Nettie Amdurer
Shelly Bernstein
Anita Buckler
Mildred Daniels
Claire Goodman
Shari Gutfinger
Connie Heyman
Dean Klick
Lisa Chaskin Perlmutter
Norma Yohai

Yahrzeit

Mar		Adar	Mar		Adar
1	Sue Nichols	6	15	Anna Kranick Monroe Blake, Jr.	19
2	Dan Solomon Annie Silverman		16	Siegfried Hutterer Mollie Esther Adler	20
3	Maxwell Shane Max Cohen (Adar II)	7	17	Max Greenfield Julius Stoler Byron Goldman Julius Voss Maxine Arnow	21
4	Katherine Friedman Rebecca Silberberg Helen Steen	8	18	Lillian Sheir Rosenblatt Blanche Bernstein	22
5	William Martin Freidman Leonard Apfelbaum	9	19	Louis Hershman	23
6	Helen Liachowitz Jerry Bloom	10	20	Olga Machauf	24
7	Esther Freemont Stacy Brager	11	21	Dr. Irving Cherry	25
8	Sara Sperber	12	22	Barnie Banks Jacob Weinberg	26
9	Julius Schwartz	13	23	Rabbi Norman Perman	27
11	Sadie Hyman Mary Beth Payne	15	25	Simon Hutterer Reed Payne William Shumka	29
12	Helene Yagoda Rand	16	26	Barbara Kaufman Saul Sosland	Nis I
14	Jack Levine Joseph Nadel Clair Degenstein	18	28	Lynne Arowitz	3
			29	Karl Sosland	4
			30	Michael M Fremont	5
			31	Melvin Jacobson	6



Those in the first year of passing
Lina Friedman Sue Cohen

B e t h E I B u l l e t i n S p o n s o r s

Deborah Abowitz	Betsy & David Marateck
Stanley & Ellen Adler	Sanford & Mildred Marateck
Esther Berger	Steve & Becky Marks
David & Susan Bernstein	Henry & Nicki Markley
Sheldon & Frances Bernstein	Myron & Joan Moskowitz
Gary & Maxine Bloom	Beverly Newman
Nicholas & Joan Brabander	Saul & Florence Putterman
David & Eileen Buckwalter	Norm & Phyllis Rich
Rich & Ilene Daniels	Barbara & Loren Rosenbach
Arna Mae Dershem	Donna & Richard Rosenberg
Michael & Shayna Green	Edward Rosenblum
Lawrence & Renate Greenfield	David Silverman
Edward & Myra Hamilton	Philip & Renee Sosland
Morty and Evelyn Hershman	Tom Solomon &
Connie Heyman	Benita Kolmen-Solomon
Stephen & Paula Irwin	Elizabeth Stoler
Naomi Jacobson	Ilse & Fred Voss
Irvin & Lillian Liachowitz	Norma Yohai &
Robert & Joanne Lyons	Thomas Komar
Norma & Myron Mandel	



Please send bulletin donations directly to Dave Jacobson.

Support

Congregation Beth El appreciates your generous support. We look forward to your continued involvement and interest in our community. Any and all donations are tax deductible, a receipt will be furnished for your records.

Should you feel the desire to contribute, please fill out the form below and mail it to:

Congregation Beth El
P.O. Box 506
Sunbury, PA 17801

Name:

Address:

Phone:

Donation in honor/memory of

I would like my contribution to go to the following account:

- | | |
|----------------------------------------------------------|--------------------------------------------|
| <input type="checkbox"/> Operating Fund | <input type="checkbox"/> Adult Education |
| <input type="checkbox"/> Endowment Fund | <input type="checkbox"/> Visiting Scholars |
| <input type="checkbox"/> Hebrew School | <input type="checkbox"/> Bulletin/Printing |
| <input type="checkbox"/> Torah Fund | <input type="checkbox"/> Teen Group |
| <input type="checkbox"/> Cemetery Fund | <input type="checkbox"/> The Library |
| <input type="checkbox"/> The Rabbi's Discretionary Fund | |
| <input type="checkbox"/> The Ryan Daniel's Memorial Fund | |

There are several ways you can donate:

–Send a check or money order.

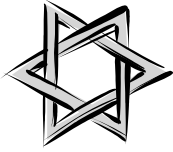
–Donate online using a credit card by going to:

<http://www.beth-el-sunbury.org>, and clicking on the
“Donate Here” link on the left hand side.

Congregation Beth El

P.O. Box 506

249 Arch Street



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Greeting Cards & Gifts

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or call anytime.

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(570) 286-2775

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Please purchase Weis cards from Congregation Beth El. The congregation profits 10% from all purchases. To date, we have sold over \$100,000 in cards. That means we have profited around \$10,000. This has had a huge impact on our budget. Buy cards for yourself and buy cards to sell to your friends!

	Qty		Price		Total
\$100 cards		x	\$100	=	
\$50 cards		x	\$50	=	
\$25 cards		x	\$25	=	
\$10 cards		x	\$10	=	
Total:					

Send this form and your check to:

Dave Jacobson
PO Box 506
Sunbury, PA 17801

The Weis cards will be mailed to you.