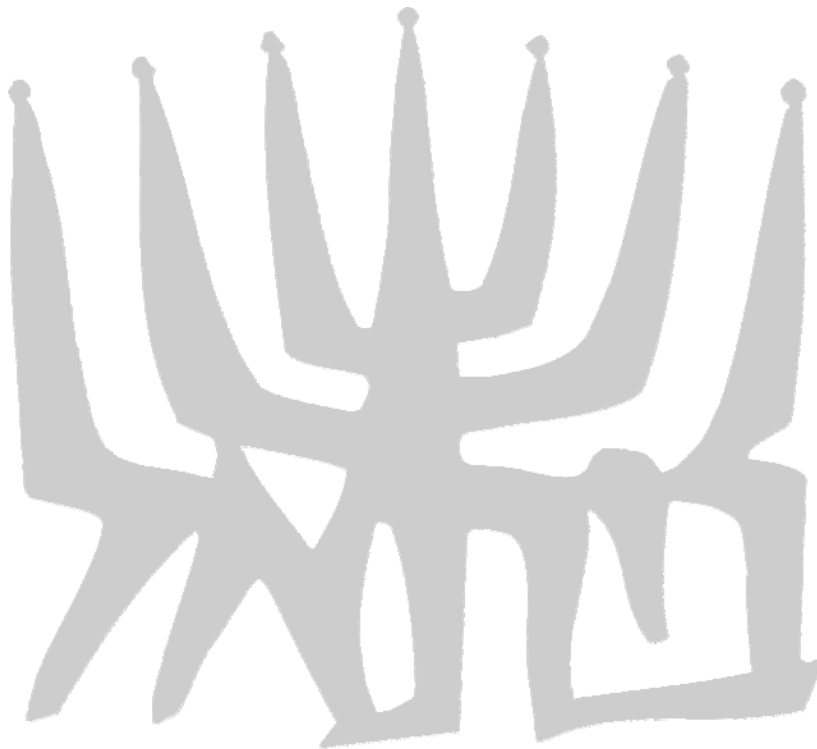


5769/September 2009

Beth El Bulletin



**M i c h a e l W o l f b e r g ,
P r e s i d e n t**

**N i n a M a n d e l ,
R a b b i**

<http://www.beth-el-sunbury.org>

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570.374.5929
president@beth-el-sunbury.org

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Sunbury, PA 17801

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Roger@FoodSwing.com
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570-286-8389

Rabbi Emeritus

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561-498-3546

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In Memory of Mildred Daniels

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In Memory of Beth Stiefel-Itoh

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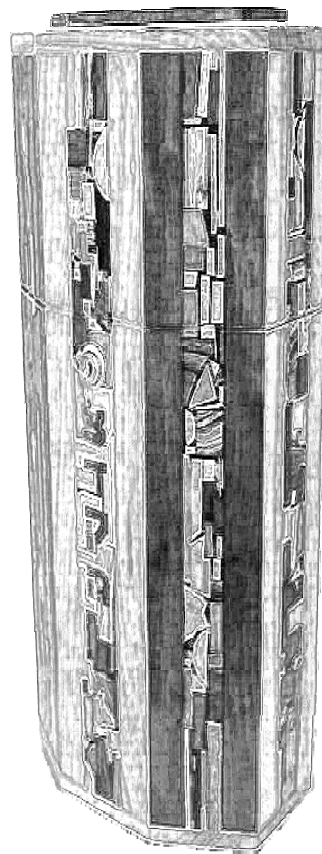
Esther Berger

Richard & Ilene Daniels

Citizens for Merle Phillips

Rob & Diana Winett

Justin & Jessica Charles



R e f l e c t i o n s f r o m t h e R a b b i

Oddly, the Talmud calls Yom Kippur one of the most joyous days in the Jewish year (BT. Taanit 30b.) This declaration is based on an ancient practice of unmarried women dressing in white and going out into the fields to meet eligible bachelors in the afternoon of Yom Kippur day. All the women would exchange clothing so that the men wouldn't be able to tell the rich from the poor—giving each woman an equal chance at a good match.

Though it seems strange now to imagine such an earthy ritual on a day as solemn as Yom Kippur, the holy day does have potential for its own kind of joy. Throughout the High Holy Days we are encouraged to evaluate our lives, make amends with friends and loved ones where necessary, and reflect on ways we missed the mark in the year that has just ended. By Yom Kippur, our thoughts are directed inward to the areas of private reflection that are personal and unspoken. We may pray for forgiveness or support, offer thanks or petitions, but all are done on an inner-soul level, connecting with the Divine in the way we each feel most comfortable. At the end of such intense contemplation, the slate is clean; we are balanced and ready to face whatever lies ahead.

It is in this moment that the potential for profound joy and anticipation is possible. May your High Holy Days be ones of reflection and connection and may the year ahead be rich with possibilities.

Rabbi Nina Mandel





Special Announcements

Shabbat Service schedule change

Beginning October 2nd, we will have two early services per month. On the first and third Fridays of the month, services will begin at 6:30pm. The third Friday will continue to be a family-oriented service followed by a pot-luck dairy supper. There will not be a regular pot-luck on the first Friday. The second, fourth, and fifth (when necessary) Shabbat evening service will be at 8pm.

Board Installation Shabbat Service

Please join us on September 11, at 8pm, for a special Shabbat service to honor and install the new and returning members of our board. A special oneg will be sponsored by the Executive Committee.

Selichot Program

As in past years we will be marking Selichot, the Saturday evening before Rosh Hashanah, with a special film program. This year we'll be watching and discussing the award-winning documentary, *Praying with Lior*. This family-friendly film is about a young man with Downs Syndrome who prepares for his bar mitzvah with his family and community supporting him.



P r e s i d e n t i a l R e p o r t

Summer is coming to a close, School is starting, and life's cycle continues to roll. The High Holy Days are fast approaching, bringing with it reflection and introspection unique to each one of us.

We join together to pray for forgiveness, a good year, a long life. We join together and pray as individuals, but in doing so we make up a community, an extended family. We are keenly aware of our commitment and personal engagement during our High Holy Day Services. Identity, learning, observance, we continue our journey together.

I am ecstatic that so many individuals and families continue to call Congregation Beth El home. In addition, our congregation is blessed to have a very involved and active core group of members who fully understand this sense of community. There are, however, individuals who feel that they are not quite a part of this community. We need to find better ways to include you within this family. I believe that Congregation Beth El has the responsibility to respond meaningfully to the diverse and evolving needs of our members. We will strive to meet these needs as we provide a home in which a sense of Jewish community and continuity flourish. If this community is not addressing your Judaic needs, please let us know.

This is your synagogue. This is your community. This is your family.

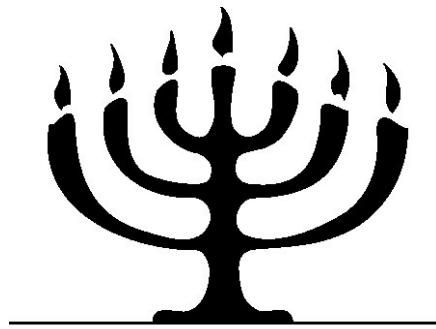
With your help, we will sustain and attain even greater heights.

Shalom,
Mike Wolfberg
President

Beth El Gift Shop

Shabbat & Holiday Candles, Mezuzot,
Greeting Cards & Gifts

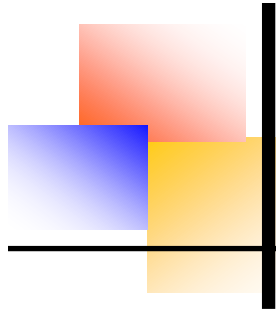
All Kinds of Special Order Judaica



Just Give Us A Call And Let Us Know
What You Need And How We Can Help!

See the new display at the Synagogue
or call anytime.





September 2009/5769-70

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1/12 Elul	2/13 Elul	3/14 Elul	4/15 Elul Candles Lit 7:19p Shabbat Service 8p	5/16 Elul Shabbat Service 10a
6/17 Elul	7/18 Elul	8/19 Elul	9/20 Elul	10/21 Elul	11/22 Elul Candles Lit 7:07p Service and Installation of the new Board 8p	12/23 Elul Selichot Program 7p
13/24 Elul Hebrew School Registration 9:30a	14/25 Elul	15/26 Elul	16/27 Elul	17/28 Elul	18/29 Elul Candles Lit 6:55p Erev Rosh Hashana Service 8p	19/1 Tishrei 5770 Rosh Hashana I Service 10a
20/2 Tishrei Rosh Hashana II Service 10a Followed by Taschlich	21/3 Tishrei	22/4 Tishrei	23/5 Tishrei	24/6 Tishrei	25/7 Tishrei Candles Lit 6:43p Shabbat Shuva Service 8p	26/8 Tishrei Hebrew School 9:30a
27/9 Tishrei Hebrew School 9:30a Erev Yom Kippur Kol Nidrei Service 6p	28/10 Tishrei Yom Kippur Services 10a / 5:30p	29/11 Tishrei	30/12 Tishrei			

High Holy Day Schedule

The New Year 5770 is fast approaching. The following is the schedule of programs and services for September. Once again this year, a full-year's calendar of events will be available at Rosh Hashanah.

September	Sat, 12 th	Selichot	7 pm
	Fri, 18 th	Erev Rosh Hashanah	8 pm
	Sat, 19 th	Rosh Hashanah	10 am
	Sun, 20 th	Rosh Hashanah	10 am
		Tashlich	12:30*
	Sun, 27 th	Kol Nidre	6 pm
	Mon, 28 th	Yom Kippur	10 am
		Afternoon service	5:30 pm
		Neilah	6:30 pm*

*these times are approximate

Goodbyes & Hellos From Sisterhood

What a wonderful experience having such a talented and energetic leader, Karen Teichman, to spearhead Sisterhood for us. Her energy, enthusiasm, and steady hand have truly benefitted our evolving Sisterhood group, and it is hard to let her move forward although we must. On behalf of all Sisterhood members, and the whole congregation in fact, I extend a deeply heartfelt "Thank You" to Karen for all she has done. By the way, would you like to be my VP Karen???? :)

And so we move toward our new year- saying goodbye to both Karen and 5769 – and hello to Diana Winett and 5770. As your incoming president, I encourage each of the women of Congregation Beth El not only to think about what they want their congregation to offer but also to help create it by serving in some capacity. Service does not have to be onerous; it should be fun! If the task is less than energizing, then surely the company of good people offsets it. We have so many *great* people in our congregation. Beth El can become an even greater steward of faith and community than we already are. Seize the day ladies!

Please commit yourself to the new year, fresh enthusiasm and vibrant hope, and see what 'Tzedakah' you can help create through our wonderful congregation. L'Shanah Tovah.

Diana Winett,
Sisterhood President
524.5163 diana@winetts.com

Weis Cards for Beth El

Please purchase Weis cards from Congregation Beth El. The congregation profits 10% from all purchases. To date, we have sold over \$100,000 in cards. That means we have profited around \$10,000. This has had a huge impact on our budget.

Buy cards for yourself and buy cards to sell to your friends!

	Qty		Price		Total
\$100 cards		x	\$100	=	
\$50 cards		x	\$50	=	
\$25 cards		x	\$25	=	
\$10 cards		x	\$10	=	
Total:					

Send this form and your check to:

Matt Hoffman
PO Box 506
Sunbury, PA 17801

The Weis cards will be mailed to you.

The Red Cross Blood Drive is coming to Congregation Beth El! On August 13th, after 1pm, a Red Cross Blood Drive will be held in the social hall.

For more information
please contact

Harriet Shane, 286-2662

Thoughts of Strength

Our voices and minds are joined as a community to ask for the strength to see our friends and family through times of sickness and strife. May our thoughts help bring healing to those in need:

Nettie Amdurer

Shelly Bernstein

Anita Buckler

Claire Goodman

Shari Gutfinger

Dean Klick

Lisa Chaskin Perlmutter

Ron Shane

Norma Yohai

M i S h e b e r a k h :

The traditional Jewish prayer for the sick

May the One who blessed our ancestors — Patriarchs Abraham, Isaac, and Jacob, Matriarchs Sarah, Rebecca, Rachel, and Leah — bless and heal those who are ill.

May the Holy Blessed One overflow with compassion upon them, to restore them, to heal them, to strengthen them, to enliven them.

The One will send them, speedily, a complete healing — healing of the soul and healing of the body — along with all the ill, among the people of Israel and all humankind, soon, speedily, without delay, and let us all say: Amen!

Yahrzeit

September/
Elul

1/12	Fay Greenfield
3/14	Joseph Adler
5/16	John Bloom
6/17	Gertrude Cohen
	Arnold Minker
7/18	Marvin Rosenberg
8/19	Marguerite Bernstein
	Bertha Heyman
9/20	Max Silverberg
	Harry Weis
10/21	Hyman Rubenstein
12/23	Louis Keiserman
13/24	Bernard Hoffman
14/25	Mary Marateck
15/26	Joseph Hirsch
18/29	Harris Bernstein
	Beth Stiefel-Itoh

September/
Tishrei

19/1	Joseph Newman
20/2	Aaron Berman
22/4	Max Kranich
24/6	Melba Kaufman
28/10	Evelyn Karniol
	Ignaz Karniol
	Irving Steinberg
29/11	Albert Hyman
	Mervyn Speck

Those in the first year of passing

Irene Barreto
Sarah Klapper
Pearl Baum Golden
Mildred Daniels
Harriet Schwartz
Myron Mandel
Muriel Hess

Remember to kindle the
memorial candle on the
evening before the
yahrzeit date.

May their memories be
bound up in the Book of
the Righteous.



B e t h E I B u l l e t i n S p o n s o r s

Deborah Abowitz	Barbara & Loren Rosenbach
Stanley & Ellen Adler	Donna & Richard Rosenberg
Esther Berger	Edward Rosenblum
David & Susan Bernstein	David Silverman
Sheldon & Frances Bernstein	Philip & Renee Sosland
Gary & Maxine Bloom	Tom Solomon &
Nicholas & Joan Brabander	Benita Kolmen-Solomon
David & Eileen Buckwalter	Ian & Vickie Speck
Rich & Ilene Daniels	Elizabeth Stoler
Arna Mae Dershem	Ilse & Fred Voss
Michael & Shayna Green	Norma Yohai &
Lawrence & Renate Greenfield	Thomas Komar
Edward & Myra Hamilton	
Morty and Evelyn Hershman	
Connie Heyman	
Stephen & Paula Irwin	
Naomi Jacobson	
Irvin & Lillian Liachowitz	
Robert & Joanne Lyons	
Norma & Myron Mandel	
Betsy & David Marateck	
Sanford & Mildred Marateck	
Steve & Becky Marks	
Henry & Nicki Markley	
Myron & Joan Moskowitz	
Beverly Newman	
Saul & Florence Putterman	
Norm & Phyllis Rich	



Please send bulletin donations directly to Matt Hoffman

Support

Congregation Beth El appreciates your generous support. We look forward to your continued involvement and interest in our community. Any and all donations are tax deductible, a receipt will be furnished for your records.

Should you feel the desire to contribute, please fill out the form below and mail it to:

Congregation Beth El
P.O. Box 506
Sunbury, PA 17801

Name:

Address:

Phone:

Donation in honor/memory of

I would like my contribution to go to the following account:

- | | |
|---|--|
| <input type="checkbox"/> Operating Fund | <input type="checkbox"/> Adult Education |
| <input type="checkbox"/> Endowment Fund | <input type="checkbox"/> Visiting Scholars |
| <input type="checkbox"/> Hebrew School | <input type="checkbox"/> Bulletin/Printing |
| <input type="checkbox"/> Torah Fund | <input type="checkbox"/> Teen Group |
| <input type="checkbox"/> Cemetery Fund | <input type="checkbox"/> The Library |
| <input type="checkbox"/> The Rabbi's Discretionary Fund | |
| <input type="checkbox"/> The Ryan Daniels Memorial Fund | |

There are several ways you can donate:

- Send a check or money order.
- Donate online using a credit card by going to: <http://www.beth-el-sunbury.org>, and clicking on the "Donate Here" link on the left hand side.
- Donate Securities such as stocks or mutual funds
- Transfer funds directly from your IRA (There may be tax advantages for this, check with a financial advisor).