

5775 January/February 2015

# Beth El Bulletin



Congregation  
**BETH EL**

**ROGER HOFFMAN,  
PRESIDENT**

**NINA MANDEL,  
RABBI**

[HTTP://WWW.BETH-EL-SUNBURY.ORG](http://www.beth-el-sunbury.org)

# T H E W H O ' S W H O O F B E T H E L

## Executive Committee

### President

Roger Hoffman  
201 741-3911 (mobile)  
president@beth-el-sunbury.org

### Vice-President

Anna Beth Payne  
570-524-1207  
vicepresident@beth-el-sunbury.org

### Treasurer

Anne Doctor  
P.O. Box 506  
Sunbury, PA 17801  
570-701-1192 x104  
treasurer@beth-el-sunbury.org

### Secretary

Edye Newman  
570-523-2622  
secretary@beth-el-sunbury.org

## Board Members

Eric Newman	Norman Rich
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David Marateck	Lawrence Roth
Elayne Sobel	Patricia Weis
Morton Hershman	Sharon Simone
Rich Daniels	Becky Marks
Matt Hoffman	Tom Solomon
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Dave Jacobson	Cara Glazer
Betsy Marateck	Mike Glazer
Jan Byron	

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Lawrence Greenfield  
Morton Hershman  
Dave Jacobson  
Benita Kolmen-Solomon  
David Marateck  
Norman Rich  
Michael Wolfberg

## Rabbi

Nina H. Mandel  
570-286-1490  
rabbi@beth-el-sunbury.org

## Standing Committees

### Membership

Dave Jacobson- Chair  
Benita Kolmen-Solomon  
Shari Jacobson  
Edye Newman

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### Cemetery & Memorial

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### Social & Entertainment

### Sisterhood/Men's Club Contacts

## REFLECTIONS FROM THE RABBI

One of my ongoing projects this year is to develop a working database of the Hebrew names of all our congregants. The custom of having a Hebrew name dates back to the first exilic period known as the Babylonian Diaspora in 586 BCE. Since that time, Jews living outside of Israel are known to have taken both secular names and “Jewish” or “Hebrew” names. At different periods, and in different places, the Hebrew names were either used exclusively within the Jewish community or were reserved for ritual purposes. In North America today, it is customary for a Jewish child to be given a Hebrew name at birth that will be used primarily in the synagogue for being called up to the Torah, or on ritual documents.

The form of a Diaspora-based Hebrew name is very specific, while there are many customs about choosing the name. A full Hebrew name will consist of the first name, plus the parents’ first names. For example: Yitzhak ben Avraham v’Sarah or Isaac son of Abraham and Sarah. Traditionally only the father’s first name is used EXCEPT when invoking a blessing for healing, then the mother’s name is used. In contemporary settings, we often use both parents’ names. It’s important to note that Hebrew names aren’t always in Hebrew! Sometimes they are in Yiddish.

Choosing a Hebrew name is one of custom, not Jewish law. In Ashkenazi communities, it is considered an honor to name a child after a deceased loved one, but bad luck to use the name of a living relative. In Sephardi communities, it is considered an honor to name a child after someone who is living. In some cases, Hebrew names are chosen to correspond to the secular name (Sarah for Sarah) or the translation of the secular name into Hebrew (Shoshana for Lily) or a variation of this practice, choosing a Hebrew name that starts with the same letter as the secular name (Moshe for Michael.)

But you don’t have to be a newborn to get a Hebrew name. If you never received one, you can always choose one for yourself at any age. I encourage people doing this to think about a person or a personality trait that they want to embody, and then choose a corresponding name. For instance, if you are a poet, you may choose “Shira.” Even if you have a Hebrew name, it is not uncommon to choose a new one for yourself when you reach a significant moment in your life.

If you are interested in exploring your own, or a new, Hebrew name, please give me a call and I can help! In the meantime, you may be getting a call from me to ask what your Hebrew name is.

# HELP WANTED

“It is the time for all good congregants to come to the aid of our Temple.”

Temple Beth El is in need of volunteers to head up certain committees and perform other duties.

## **Membership Committee**

The membership committee meets about once per year. The committee welcomes new members to the congregation and speaks to people interested in becoming members. Recently the membership committee put together packets to give to new members. In the recent past the membership committee has hosted parties for new members and potential members. There is no cost to being a member of the membership committee.

## **Finance and Budget Committee**

The finance and budget committee usually meets one hour before board meetings. The finance committee reviews incoming and outgoing expenses and determines financial policies for the congregation. There is no cost to being a member of the finance committee.

## **Ritual Committee**

The ritual committee typically meets once a year to discuss the schedule of services, to provide Rabbi Nina with feedback from the congregation, and to discuss any possible changes to our offerings to best meet the needs of our diverse congregation. Occasionally, there will be special meetings of the ritual committee to discuss the codification of any congregation policies that have an impact on ritual practice.

## **Dinner Dance committee**

This committee will help plan the dinner dance which is one of the annual fundraising events. The committee consults with the Rabbi and President to decide on the date for the dance - a first and second choice should be decided. Once the date is decided the committee then meets as necessary to look at the venue, menu for the event and come up with a theme. Once all the details have been discussed they then meet with the President, Treasurer and Rabbi to present all the information and to get budget approval, approval of menu, etc. Many meetings can be done via e-mail/text if more convenient for the members.

# MORE HELP WANTED

## Treasurer

- ◇ learning to use Rakefet, the Temple's accounting program
- ◇ accepting and posting dues payments and donations to proper accounts
- ◇ paying bills
- ◇ posting and accounting of transactions for Rabbi's debit card
- ◇ paying Rabbi's salary, including housing stipend and retirement payments
- ◇ paying all Rabbi's taxes monthly, quarterly, annually (KM&R tells you how, explicitly)
- ◇ maintaining bank accounts
- ◇ overseeing endowment fund and other investments (with help)
- ◇ creating and distributing quarterly statements
- ◇ creating and distributing annual tax information for donors and congregants
- ◇ monthly, quarterly, and annual accounting duties
- ◇ sitting on Executive Board and Finance Committee

Since all of this has been done the same way for years, it is all relatively simple and there is a lot of assistance for completing all of these tasks. There are also people willing to answer questions. It all becomes routine.

## Secretary

The secretary is a board member and is responsible for taking meeting minutes at any board meeting, congregational meeting and distributing them accordingly. The secretary also receives expense reports from the treasurer to review and approve. Occasionally the secretary may receive a request from the President to e-mail an agenda or other announcement that may not go through the Rabbi.

## Temple Beth El Needs You!

### The Beth El Gift Shop

Shabbat & Holiday Candles, Mezuzot,  
Greeting Cards & Gifts  
All Kinds of Special Order Judaica

Just Give Us A Call And Let Us Know  
What You Need And How We Can Help!



# Mishaberach List

Steve Arnow  
Esther Berger  
Anita Buckler  
Carol Goldstein  
Walter Hershman  
Joseph Klick  
Ann Silverman  
Mariana Sosland  
Norma Yohai



**Please check our website for updates on the  
Mishaberach list.**



Thoughts of Strength

Our voices and minds are joined as a community to ask for the strength to see our friends and family through times of sickness and strife. May our thoughts help bring healing to those in need

# P R E S I D E N T I A L   A D D R E S S

Shalom

January is always a cipher to me...I welcome the end of the frenetic holiday season and I am eager for signs of spring—however, it never feels like new years to me.

New Years to me has always been September—that is when the school year started and all the new books and freshly sharpened pencils gave me a sense of renewal and fresh starts—although, I have respect for this generation's new tablety things and digital books.

To further corroborate the September feeling is of course Rosh HaShanah...what further proof did I need?

And yet we heartily greet each other at this time with Holiday wishes and high hopes for the coming new year—and so I join the world in wishing everyone a happy and healthy second half to the new year and an early spring.

**Please remember to join us at the congregational meeting on**

**Sunday, January 25th at 1:30**

**followed by the teen café serving an early dinner.**

I urge everyone to attend. We have several very important matters to discuss specifically the key to the future of our congregation.

I also hope that the call for volunteers that is outlined in this bulletin resonates with some of our congregants and we get our various committees filled and active again.

Enjoy 2015

B'Shalom

Fran, Roger, Ben, Hannah and Dave



**Tevet 5775****January 2015****Shevat 5775**

<b>Sun</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
				1 10 Tevet	2 11 Tevet	3 12 Tevet
4	5	6	7	8	9	10
13 Tevet	14 Tevet	15 Tevet	16 Tevet	17 Tevet	18 Tevet	19 Tevet
11	12	13	14	15	16	17
20 Tevet	21 Tevet	22 Tevet	23 Tevet	24 Tevet	25 Tevet	26 Tevet
18	19	20	21	22	23	24
27 Tevet	28 Tevet	29 Tevet	1 Shevat	2 Shevat	3 Shevat	4 Shevat
			Rosh Chodesh			
25	26	27	28	29	30	31
5 Shevat	6 Shevat	7 Shevat	8 Shevat	9 Shevat	10 Shevat	11 Shevat



## **January Calendar of Events**

- Jan 2: Shabbat Service, 8pm
- Jan 3: NO Service or Judaism 101
- Jan 4: NO Hebrew School
- Jan 9: Shabbat Service, 8pm
- Jan 10: NO Judaism 101
- Jan 11: Hebrew School Resumes, 9:30am
- Jan 16: Family Shabbat Service with Pot-luck, 6:30pm
- Jan 17: Judaism 101 Resumes, 9:30am
- Jan 18: Hebrew School, 9:30am
- Jan 23: Shabbat Service, 8pm
- Jan 24: Judaism 101, 9:30am
- Jan 25: Hebrew School, 9:30 am; Congregational Winter Meeting, 1:30pm
- Jan 30: Shabbat Service, 8pm
- Jan 31: Judaism 101, 9:30am

**Shevat 5775**

**February 2015**

**Adar 5775**

<b>Sun</b>	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
1	2	3	4	5	6	7
12 Shevat	13 Shevat	14 Shevat	15 Shevat	16 Shevat	17 Shevat	18 Shevat
8	9	10	11	12	13	14
19 Shevat	20 Shevat	21 Shevat	22 Shevat	23 Shevat	24 Shevat	25 Shevat
15	16	17	18	19	20	21
26 Shevat	27 Shevat	28 Shevat	29 Shevat	30 Shevat	1 Adar	2 Adar
				Rosh Chodesh	Rosh Chodesh	
22	23	24	25	26	27	28
3 Adar	4 Adar	5 Adar	6 Adar	7 Adar	8 Adar	9 Adar

## **February Calendar of Events**

- Feb 1: Hebrew School, 9:30am
- Feb 6: Shabbat Service, 8pm
- Feb 7: Shabbat morning service, 10am
- Feb 8: Hebrew School, 9:30am
- Feb 13: Shabbat Service, 8pm
- Feb 14: Judaism 101, 9:30am
- Feb 15: NO Hebrew School
- Feb 20: Family Shabbat Service with Pot-Luck, 6:30pm
- Feb 21: Judaism 101, 9:30am
- Feb 22: Hebrew School, 9:30am
- Feb 27: Shabbat Service, 8pm
- Feb 28: Judaism 101, 9:30am

## This Month's Recipe

### Challah, Wild Mushroom & Herb Stuffing

By Jennifer Segal, inspired by my grandmother and Mrs. Wheelbarrow's Kitchen

**SERVINGS:** 10

#### **I N G R E D I E N T S:**

- 1 large loaf challah
- 1 stick unsalted butter, plus more for buttering baking dishes
- 2 cups yellow onion, diced
- 2 cups celery, diced
- 2 cups wild mushrooms, diced
- 2 tablespoons finely chopped fresh thyme (or 1 teaspoon dried)
- 1 tablespoon finely chopped fresh rosemary (or 1/4 teaspoon dried and crumbled)
- 1/2 teaspoon fresh sage, finely chopped (or 1/4 teaspoon dried)
- 1-1/2 teaspoons salt
- 1 teaspoon ground black pepper
- 3 cups chicken broth

#### **I N S T R U C T I O N S:**

1. Preheat the oven to 300 degrees. Butter two 8-inch square baking dishes.
2. Cut challah into 1-inch cubes and spread onto two rimmed baking sheets. Bake for about 25 minutes, or until dry and lightly toasted.
3. Melt butter in a large saute pan. Cook the onions over medium heat, stirring occasionally, until soft and translucent. Add the celery, herbs, mushrooms, salt and pepper and cook until celery is slightly softened, about 5 minutes more.
4. In a large bowl, combine bread cubes, onion/vegetable mixture, and chicken stock and toss well.
5. Divide stuffing into prepared baking dishes. Cover with buttered foil and refrigerate until ready to cook (up to a few hours). Bring to room temperature before cooking.
6. Bake at 350 degrees for 20 minutes. Remove foil and continue baking until golden, about 25 minutes more. Serve immediately.



Perform  
A  
Mitzvah

The congregation is in great need of two new Bimah covers and five new Torah covers.

Amounts are as follows:

Bimah cover—\$250.00 each

Torah covers—\$500.00 each

Any amount you can give is greatly appreciated.

Please contact the Rabbi or Roger Hoffman for more information on how to donate for these items.

# Tzedakah

Thank you for your donations to Congregation Beth El...

Connie Heyman

IMO Samuel Kolmen,  
for the Cemetery Fund,  
Sharon Miller,  
Bob Heyman, &  
Goldye Mickelson

Eric and Laurie Newman

IMO Samuel Komen

Nancy and Robert Rosenthal

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High Holiday Donation

Renee and Philip Sosland

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High Holiday Donation

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Mary and Robert Ryan, and Roberta Schwalm

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IHO Rabbi Nina Mandel

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Hedy Mittelman

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Ava Hayman

Harriet and Ronald Shane

IMO Samuel Kolmen,

For the Bulletin

Ina and Daniel Gable

IMO Samuel Kolmen

Nicole and Matthew Hoffman

General Donation

Sharon Simone

General Donation

Phyllis and Norman Rich

For the Bima Cover

Paula and Stephen Irwin

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Betsy and David Marateck

IMO Samuel Kolmen

Elayne Sobel

IMO Allen Sobel, for a

Torah Scroll Cover

Mary and Drew Boggs

IMO Samuel Kolmen

Susan and Robert Skitol

General Donation

Luda and James Lavine

IHO Jake Rothman's

Bar Mitzvah

Ellen Gauthier and Steven Miller

General Donation

Fran and Ted Kendris

General Donation

# January Yahrzeit

Manny Marks	11	Tevet	Jan 2
Shirley Diamond	12	Tevet	Jan 3
Sidney Koch	13	Tevet	Jan 4
Anabelle Schultz	13	Tevet	Jan 4
Israel Heyman	15	Tevet	Jan 6
Barney Friedman	17	Tevet	Jan 8
Mildred Osterweil	20	Tevet	Jan 11
Arnold Sukenik	20	Tevet	Jan 11
Sylvia Glazer Green	22	Tevet	Jan 13
Ida Seidler	22	Tevet	Jan 13
Harry D. Zabitz	22	Tevet	Jan 13
Margot Boraks	23	Tevet	Jan 14
Abraham Kornsweet	23	Tevet	Jan 14
Ellen Cohen	24	Tevet	Jan 15
Sharon Glazer	24	Tevet	Jan 15
Sonia Kornsweet	25	Tevet	Jan 16
Max Schneider	25	Tevet	Jan 16
Rona Seider	25	Tevet	Jan 16
Selma Grossberg	26	Tevet	Jan 17
Henrietta Rubenstein	26	Tevet	Jan 17
Samuel Adler	27	Tevet	Jan 18
Max Kronberg	27	Tevet	Jan 18
Mable Klick	29	Tevet	Jan 20
George Winett	29	Tevet	Jan 20
Frances Goldman Ross	1	Shevat	Jan 21
Evelyn Stoler Bernstein	2	Shevat	Jan 22
Robert Heyman	2	Shevat	Jan 22
Israel Katuna	3	Shevat	Jan 23
Jeremy Haimes	7	Shevat	Jan 27
Samuel Riemer	7	Shevat	Jan 27
Edna Bernstein	8	Shevat	Jan 28
Pearl Nach	8	Shevat	Jan 28
Bernard Salesky	8	Shevat	Jan 28
Selma Silberman	9	Shevat	Jan 29
Hannah Kaufman	10	Shevat	Jan 30

## February Yahrzeit

Ralph Harris	13	Shevat	Feb 2
Edith Schwartz	13	Shevat	Feb 2
Minnie Levy	14	Shevat	Feb 3
Richard A. Solomon	14	Shevat	Feb 3
Henry Charles	15	Shevat	Feb 4
Max B. Friedman	16	Shevat	Feb 5
Celia Apfelbaum	17	Shevat	Feb 6
Lillian Buntman	18	Shevat	Feb 7
William Fehr	19	Shevat	Feb 8
Morris Gubin	19	Shevat	Feb 8
Ida Wolfberg	19	Shevat	Feb 8
Selma Hartman	20	Shevat	Feb 9
Joseph Isaac Kolmen	21	Shevat	Feb 10
Lillian Shane	21	Shevat	Feb 10
Diane Buckler	24	Shevat	Feb 13
Morris Rosenblatt	24	Shevat	Feb 13
Martin Weiss	24	Shevat	Feb 13
Harvey Hart	25	Shevat	Feb 14
Lily Cohen	26	Shevat	Feb 15
Abraham Lipkin	26	Shevat	Feb 15
Jacque Stiefel	26	Shevat	Feb 15
Rosalie Hirsch	28	Shevat	Feb 17
Rose Lev	28	Shevat	Feb 17
Hedy Rich	28	Shevat	Feb 17
Joseph Daniels	30	Shevat	Feb 19
Shirley Kronberg Ross	30	Shevat	Feb 19
Paul Levitan	2	Adar	Feb 21
William M. Friedman	9	Adar	Feb 28

### Those in the first year of passing

Sam Kolmen

Dean Klick

Marty Bayer

Scott Klick

*May their memories be  
bound up in the Book  
of the Righteous.*



*Remember to kindle the  
memorial candle on the  
evening before the  
yahrzeit date.*



## Beth El Bulletin Sponsors

We hope you are finding the bulletin informative and entertaining. The congregation's bulletin has a long history. Over the years and across decades it has served as an engine to inform the Beth-El community of temple events as well as the comings, goings, arrivals and passings of our friends and neighbors in our small but vital Jewish community.

Stretching back through the years the Congregation Beth-El Bulletin has been edited by members who have given their time, and a little bit of sweat, dedicated to the task of keeping our temple family informed and involved. The current editorial staff hopes that with this incarnation of the temple bulletin we live up to the good work of our predecessors. Let us know what you think.

We would also like to invite businesses and Individuals interested in sponsoring the bulletin to contact us.

If you are having trouble viewing the website, if you need a password, or if you have forgotten your password, please contact Roger Hoffman at [president@beth-el-sunbury.com](mailto:president@beth-el-sunbury.com).



Please send bulletin donations directly to our treasurer or donate on line.

# Support

Congregation Beth El appreciates your generous support. We look forward to your continued involvement and interest in our community. Any and all donations are tax deductible, a receipt will be furnished for your records. It is possible to donate stocks to the synagogue, and you can get additional tax benefits by donating directly from your IRA.

Should you feel the desire to contribute, please fill out the form below and mail it to:

Congregation Beth El  
P.O. Box 506  
Sunbury, PA 17801

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Donation in honor/memory of:

\_\_\_\_\_

I would like my contribution to go to the following account:

- |   |  |
|---|--|
| <input type="checkbox"/> Operating Fund                 | <input type="checkbox"/> Adult Education   |
| <input type="checkbox"/> Endowment Fund                 | <input type="checkbox"/> Visiting Scholars |
| <input type="checkbox"/> Hebrew School                  | <input type="checkbox"/> Bulletin/Printing |
| <input type="checkbox"/> Cemetery Fund                  | <input type="checkbox"/> The Library       |
| <input type="checkbox"/> The Rabbi's Discretionary Fund |  |

Donations can also be made online using a credit card by going to: <http://www.beth-el-sunbury.org>, and clicking on the "Donate Here" link on the left hand side.

2015

*Happy New Year*

123FreeVectors.com



Congregation Beth El  
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Sunbury, PA 17801

