

5774 August 2014

# Beth El Bulletin



Congregation  
**BETH EL**

**ROGER HOFFMAN,**  
**P R E S I D E N T**

**NINA MANDEL,**  
**R A B B I**

[H T T P : / / W W W . B E T H - E L - S U N B U R Y . O R G](http://www.beth-el-sunbury.org)

# T H E   W H O ' S   W H O   O F   B E T H   E L

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rabbi@beth-el-sunbury.org

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### Social & Entertainment

### Sisterhood/Men's Club Contacts

## REFLECTIONS FROM THE RABBI

In 1996, when I first entertained the idea of going to rabbinical school, I was very aware that my previous Jewish educational efforts had ended 20 years earlier when I became a Bat Mitzvah. I remember going to various Jewish events-religious and otherwise-and worrying that I wouldn't fit in because I never got the secret decoder ring. But even though I didn't have a Jewish camp experience, or a recent history of Jewish engagement, I found that just being in a Jewish environment was compelling enough to overcome my fears. My reeducation began at that point: relearning the Hebrew alphabet, learning about many traditions and practices for the first time, and discovering the potential of an engaged Jewish life.

I have come to understand that it is not uncommon for Jews to feel as if they are missing some essential part of the Jewish prerequisites. Perhaps you grew up in a completely secular home, or one parent is not Jewish, or your spouse is not Jewish. Or maybe you discovered Judaism as an adult and chose to go through the process of conversion, or maybe you simply compare yourself to someone else who *seems* so much more Jewish than you are.

This kind of insecurity can come from a belief that there is only one "authentic" way to be Jewish, or from a feeling that if you don't learn about Judaism as a child, you can't catch up. That's why, this fall I'll be starting a series of adult learning sessions called "Judaism 101." These will be both stand-alone classes and a series that will address some of the basics of Jewish tradition and practice. The classes will be geared to those who want to brush-up on their knowledge or start fresh. They will be appropriate for those in your family who are Jewish, but also provide helpful background for non-Jewish partners. Please look for a full schedule in the September bulletin. Together, we can create our secret decoder rings!



Shul House Rocks!



## **FAMILY SERVICE SCHEDULE: 5774**

**August 15:**

**Regular Family Service**

**September 19:**

**Regular Family Service**

**ALL FAMILY SERVICES BEGIN AT 6:30PM**



**All are invited to Donate blood  
at  
The Annual Red Cross Blood Drive  
Sponsored by  
Congregation Beth El  
Tuesday, August 12 from 1-6pm  
At Congregation Beth El  
Kosher refreshments will be  
provided by the Temple**

The Beth El Gift Shop

Shabbat & Holiday Candles,  
Mezuzot,  
Greeting Cards & Gifts  
All Kinds of Special Order Judaica

Just Give Us A Call And Let Us Know  
What You Need And How We Can  
Help!



## Tzedakah

Thank you for your donations to  
Congregation Beth El...

Jackie Sallade-Eberly and Bob Eberly

Renee and Philip Sosland

Connie Heyman

Evelyn and Morton Hershman

Shari and Dan Gutfinger

Renee and Philip Sosland

Jeff Shames

Elayne Sobel

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Adult Education Donation

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## P R E S I D E N T I A L   A D D R E S S

Shalom Chaverim,

The summer is firmly here and we hope that you are all enjoying the laziness and vacations that summer brings

Congregations however do not differentiate the seasons and the responsibilities and needs of our community do not take any time off.

Soon the High Holidays will be upon us,

A time of rejoicing for the New Year and,

Introspection and Awe during Yom Kippur,

This is the time when our entire community comes together and shows the strength and fellowship that we all enjoy so well and keeps Congregation Beth El the thriving and vibrant center that it is.

This is also the time to answer the call when asked during our annual Holiday appeal

Soon you will be receiving a letter from me asking for your help in closing our budget gap as well taking on a greater leadership role in this community.

Please help this current group of leaders continue the tradition that Congregation Beth El has prevailed in upholding for over a hundred years.

And answer the call.

All the best for the rest of the summer.

B'shalom,

Roger, Fran, Hannah, Ben and Dave



# Road Trip!!

Join Congregation Beth El as we travel to The National Museum of American Jewish History in Philadelphia, PA and see:

## CHASING DREAMS BASEBALL AND BECOMING AMERICAN

TRIP DATE: Sunday, September 21, 2014 (parents – there will be no Sunday School)

MEET AT MUSEUM: 11:30 AM (also lunch time at the Museum)

TOUR TIME: 12:30 PM

TICKETS: Students - \$12.00  
Adults - \$16.00

Lunch is on the Museum!!!

We will have two guides to take us through the special exhibit; you will also have time to explore the museum and gift shop.

Carpools will be arranged for those who would like to attend, but do not want to drive.

We have 30 spots reserved....Please get your reservation and money in by August 25 (Monday) to Benita in order to ensure your spot. Any questions: Contact Benita at [bkolmsol@bucknell.edu](mailto:bkolmsol@bucknell.edu) or phone 570-524-2532

## **August Calendar of Events:**

Aug 1-Shabbat Service, 8pm  
Aug 4-Erev Tisha b'av service, 8pm  
Aug 8-Shabbat Service, 8pm  
Aug 15-Family Shabbat Service, 6:30 pm  
Aug 22-Shabbat Service, 8pm  
Aug 29-Shabbat Service, 8pm

## **High Holy Day Calendar**

Sept 20-Selichot Service and Program, 7:30pm  
Sept 24—Erev Rosh Hashanah service, 8pm  
Sept 25—Rosh Hashanah service, 9:30am—followed by Tashlich  
Sept 26—Rosh Hashanah service, 9:30am  
Sept 26—Shabbat service, 8pm  
Oct 3—Kol Nidre service, 6pm  
Oct 4—Yom Kippur service, 9:30am; afternoon service, 5pm



Av 5774

August 2014

Elul 5774

Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1	2
					5 Av	6 Av
3	4	5	6	7	8	9
7 Av	8 Av	9 Av	10 Av	11 Av	12 Av	13 Av
10	11	12	13	14	15	16
14 Av	15 Av	16 Av	17 Av	18 Av	19 Av	20 Av
17	18	19	20	21	22	23
21 Av	22 Av	23 Av	24 Av	25 Av	26 Av	27 Av
					Rosh Chodesh	Rosh Chodesh
24	25	26	27	28	29	30
28 Av	29 Av	30 Av	1 Elul	2 Elul	3 Elul	4 Elul
31						
5 Elul						

# Summer Kosher Grilling Recipe

In case you missed this one last time this is a real keeper...

## Grilled Tuna with Lemon Anchovy Butter

Mild-flavored tuna gets an extra helping of flavor with a topping made from tangy lemon juice and zippy anchovy paste.

### TIMES

Prep Time: 5 min

Ready Time: 5 min

### SERVINGS

4 servings

### INGREDIENTS

4 tablespoons butter, softened

1/2 teaspoon Roland® anchovy paste

1 teaspoon lemon juice

1 tablespoon fresh parsley, chopped

Salt

Freshly ground black pepper

4 tuna steaks, about 1-inch thick

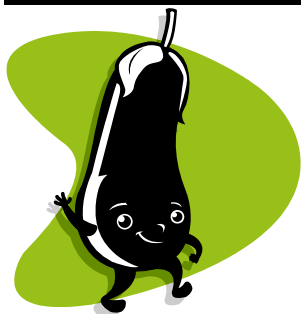
1 tablespoon cooking oil

Light grill or heat broiler. In small bowl, combine butter, anchovy paste, lemon juice, parsley and a pinch of salt and pepper.

Coat tuna with oil. Sprinkle with 1/2 teaspoon salt and 1/4 teaspoon pepper. Cook tuna for 4 minutes. Turn and cook until done, 3-4 minutes longer for medium rare.

Top with flavored butter.

# RECIPE OF THE MONTH



## ROASTED EGGPLANT WITH TECHINA & CHILI SAUCE

Eggplant is now “in” in our house. We had kind of forgotten about it. Then a few weeks ago we had eggplant salad at a friend’s house and rediscovered this economical, versatile and tasty vegetable. Our favorite way to eat it is roasted with techina and sweet chili sauce.

**Prep Time:** 5 minutes

**Cook Time:** 30 minutes

**Total Time:** 35 minutes

### **Ingredients:**

2 whole eggplants

1/2 lemon

1/3 cup extra virgin olive oil

Salt

### **Preparation:**

Preheat oven to 375 degrees F

Cut eggplant in half and rub with juice from lemon

Then cut eggplant halves into medium thick wedges. Put some olive oil into the palm of your hand and rub on slices until just lightly coated

Sprinkle with salt

Roast the eggplant at 375 degrees F for 20-30 minutes or until browned on top and cooked through

**Serving Suggestion:** Serve the eggplant slices warm. Put two small bowls on the table, one with techina and the other with sweet chili sauce. Each person can top their eggplant with the sauce or sauces they like.

## Yahrzeit

Samuel Berman	5	Av	Aug 1
Sarah Gubin	6	Av	Aug 2
Hyman J. Ross	6	Av	Aug 2
Rose Frank	9	Av	Aug 5
Abraham Feldman	10	Av	Aug 6
Louis Jacobson	10	Av	Aug 6
Abraham Berman	11	Av	Aug 7
Else Voss	11	Av	Aug 7
Rose Goldstein	12	Av	Aug 8
Sylvia Rosenblum Henry	14	Av	Aug 10
Reba Hirsch	14	Av	Aug 10
Anna Mosenson	14	Av	Aug 10
Bert Rich	14	Av	Aug 10
Jay Wolfberg	15	Av	Aug 11
Mark Kornfeld	17	Av	Aug 13
Julius Cohen	18	Av	Aug 14
Jerome Goodman	20	Av	Aug 16
Haskel Diamond	21	Av	Aug 17
Rose Greenburg	21	Av	Aug 17
Roslyn Levine	21	Av	Aug 17
George Frank	24	Av	Aug 20
Miriam Koch	24	Av	Aug 20
Morris Hirsch	25	Av	Aug 21
Gustave Huppert	27	Av	Aug 23
Frank Karniol	29	Av	Aug 25
Sara Rosenstein Newman	29	Av	Aug 25
Fannie Oberson	29	Av	Aug 25
Elsie Schwartz	29	Av	Aug 25
Marvin L. Buckler	1	Elul	Aug 27
Charlotte Jacobson	1	Elul	Aug 27
Rose Jacobson	2	Elul	Aug 28
Seymour Jacobson	2	Elul	Aug 28
Arthur Spector	3	Elul	Aug 29
Reuben Zynger	3	Elul	Aug 29
Martin Hutterer	5	Elul	Aug 31
Saul Miller	5	Elul	Aug 31

**Please check our website for updates on the  
Mishaberach list.**

## Thoughts of Strength

Our voices and minds are joined as a community to ask for the strength to see our friends and family through times of sickness and strife. May our thoughts help bring healing to those in need:

Esther Berger          Anita Buckler

Carol Goldstein

Walter Hershman          Karen Kutno

Harriet Shane

Anne Silverman          Anna Yohai

Joseph Klick

Those in the first year of passing

Sybil Kannry

Elinor Solomon

Julius Kador

Scott Klick

Joseph McMillan

Manny Marks

Dean Klick

*May their memories be  
bound up in the Book  
of the Righteous.*



*Remember to kindle the  
memorial candle on the  
evening before the  
yahrzeit date.*

## Beth El Bulletin Sponsors

We hope you are finding the bulletin informative and entertaining. The congregation's bulletin has a long history. Over the years and across decades it has served as an engine to inform the Beth-El community of temple events as well as the comings, goings, arrivals and passings of our friends and neighbors in our small but vital Jewish community.

Stretching back through the years the Congregation Beth-El Bulletin has been edited by members who have given their time, and a little bit of sweat, dedicated to the task of keeping our temple family informed and involved. The current editorial staff hopes that with this incarnation of the temple bulletin we live up to the good work of our predecessors. Let us know what you think.

We would also like to invite businesses and Individuals interested in sponsoring the bulletin to contact us.

If you are having trouble viewing the website, if you need a password, or if you have forgotten your password, please contact Roger Hoffman at [president@beth-el-sunbury.com](mailto:president@beth-el-sunbury.com).



Please send bulletin donations directly to our treasurer or  
donate on line.

# Support

**Congregation Beth El appreciates your generous support. We look forward to your continued involvement and interest in our community. Any and all donations are tax deductible, a receipt will be furnished for your records. It is possible to donate stocks to the synagogue, and you can get additional tax benefits by donating directly from your IRA.**

**Should you feel the desire to contribute, please fill out the form below and mail it to:**

**Congregation Beth El  
P.O. Box 506  
Sunbury, PA 17801**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Phone:** \_\_\_\_\_

**Donation in honor/memory of:**

\_\_\_\_\_

**I would like my contribution to go to the following account:**

- |   |  |
|---|--|
| <input type="checkbox"/> Operating Fund                 | <input type="checkbox"/> Adult Education   |
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**Donations can also be made online using a credit card by going to: <http://www.beth-el-sunbury.org>, and clicking on the "Donate Here" link on the left hand side.**

Congregation Beth El  
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